

# Englewood Elementary Breakfast and Lunch

## August 2010

Breakfast Prices: \$1.30 paid, \$1.85 Adults, Lunch Prices: \$2.30 paid, \$0.40 reduced\* (K-2 reduced students are free\*), \$2.95 Adults

Monday	Tuesday	Wednesday	Thursday	Friday
16 ▲ Chicken Fajita Salsa Golden Corn Mixed Fruit  Breakfast Pizza 100% Juice/ Variety Milk	17 ▲ Turkey Corn Dog Fresh Carrots Potato Wedges Chilled Peaches  Egg-n-cheese Muffin 100% Juice/ Variety Milk	18 Beef Soft Tacos Salsa Refried Beans Apricot Halves  Yogurt w/ grahams 100% Juice/ Variety Milk	19 ▲ Chicken Nuggets W.W. Roll Mashed Potatoes Fresh Orange  Variety Bagel/cream cheese 100% Juice/ Variety Milk	20 Grilled Cheese Tomato Soup Apple Slices  Breakfast Burrito 100% Juice/ Variety Milk
23 ▲ Hamburger on W.W. Pasta Salad Chilled Pineapple  Pancakes/fruit topping 100% Juice/ Variety Milk	24 ▲ Chicken Quesadilla White rice Mexican Corn Mixed Fruit  Breakfast Pizza 100% Juice/ Variety Milk	25 ▲ Roast Beef-n-Cheese Pasta Salad Applesauce  Pancake on a Stick 100% Juice/ Variety Milk	26 Cheese Pizza Green Beans Fresh Fruit  Egg-n-cheese Muffin 100% Juice/ Variety Milk	27 ▲ Turkey Hot Dog on W.W. Mixed Veggies Oven Fries Orange Smiles  Yogurt w/ grahams 100% Juice/ Variety Milk
30 ▲ Sloppy Jose' Mexican Corn Mixed Fruit  French Toast/ syrup 100% Juice/ Variety Milk	31 ▲ Spaghetti/meat sauce Whole Wheat Roll Rosy Applesauce  Variety Bagel/cream cheese 100% Juice/ Variety Milk			

### FUN LUNCHES: (NEW FEATURE THIS YEAR)

Monday	Tuesday	Wednesday	Thursday	Friday
Junior Ham-n-Cheese Animal Crackers Variety Milk	Sandwich Stackers Yogurt Cup Fresh Salad Bar Variety Milk	Chef Salad Whole Wheat Roll Fresh Salad Bar Variety Milk	Jr. Turkey-n-Cheese Sub Fresh Apple Fresh Salad Bar Variety Milk	Crispy Chicken Salad Warm Breadstick Fresh Salad Bar Variety Milk

Fun lunches will be the alternative to the daily menu and will be the same Monday through Friday a student may choose the menu item or the fun lunch.



You may qualify for free or reduced price meals. Applications are available at all schools and the district office. For questions regarding the food service program you can call the food service office at (303) 806-2027.

▲ = Balanced Choices Meal

We offer both 1% white and Chocolate skim milk daily in accordance with state regulation.

100% Fruit Juice is offered everyday for breakfast and as a milk alternative for lactose intolerance with a Doctors note.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services. Menu subject to change without notice. Questions? Call (303) 806-2026.

### OUR SALAD BAR WILL FEATURE TOMATOES THIS MONTH

# EAT LOCAL

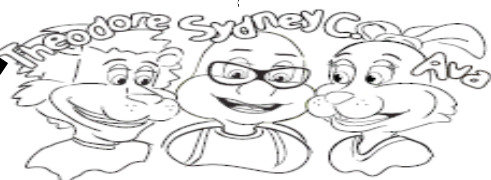
# Tomatoes!



**WORD SEARCH**  
Find the names of different local tomatoes!

C	U	R	R	A	N	T	R	E	D	W	G
A	S	L	R	U	L	M	B	Q	A	B	O
M	O	O	L	R	I	E	H	N	T	P	L
P	O	K	C	O	C	I	G	E	I	C	D
A	H	A	B	M	C	E	U	V	I	N	E
R	Y	E	N	A	P	O	L	I	G	N	N
I	I	T	V	S	C	I	T	O	Y	S	G
T	O	S	Z	B	I	G	R	E	D	C	E
I	A	F	A	D	I	P	E	P	L	U	M
C	H	E	R	R	Y	C	A	C	C	O	F
L	E	E	C	I	N	R	E	P	M	U	P
A	T	B	A	N	A	N	A	L	E	G	S

- BIG-RED
- HEIRLOOM
- VINE
- GOLDEN GEM
- ROMA
- BANANAL LEGS
- CURRENT-RED
- BEEFSTEAK
- CHERRY
- NAPOLI
- PLUM
- CAMPARI



**CONNECT THE DOTS**  
Tomato plant growing

